Distance in Miles	Barnard Castle	Billingham	Birtley	Blackhill	Burnhopefield	Castle Eden	Chester le Street	Crook	Darlington	Dunston	Durham	Ferryhill	Gateshead	Hartlepool	Hebburn	Hetton le Hole	Jarrow	Ryton	Seaham	Shildon	Shiney Row	South Shields	Spennymoor	Staindrop	Stanhope	Stanley	Stockton	Sunderland	West Auckland		
Barnard Castle		36	36	29	34	33	35	19	17	42	25	20	42	37	42	32	43	47	40	15	38	45	19	6	18	31	29	38	11		
Billingham	36		31	35	37	11	29	21	16	36	21	17	34	9	33	20	31	42	21	20	27	33	19	27	35	35	2	25	22		
Birtley	36	31		14	8	21	3	17	29	6	11	16	6	27	7	9	8	11	14	26	5	10	18	30	26	7	30	10	25		
Blackhill	29	35	14		6	24	13	14	30	13	14	19	14	31	22	20	23	10	27	23	17	25	19	25	12	7	37	23	20		
Burhopefield	34	37	8	6		28	9	17	35	6	16	22	6	35	15	14	18	7	22	32	12	17	23	30	19	4	36	17	24		
Castle Eden	33	11	21	24	28		21	19	28	26	10	13	23	7	22	9	21	31	10	21	16	22	15	27	31	26	13	14	22		
Chester le Street	35	29	3	13	9	21		14	28	10	6	15	10	26	10	6	11	15	11	24	5	12	16	28	24	7	28	10	23		
Crook	19	21	17	14	17	19	14		18	24	10	11	25	28	25	16	25	23	23	8	19	27	8	14	12	13	23	21	7		
Darlington	17	16	29	30	35	28	28	18		35	20	12	36	25	36	25	36	41	36	9	31	38	13	11	27	32	12	31	10		
Dunston	42	36	6	13	6	26	10	24	35		17	22	2	32	12	15	11	6	19	32	10	14	24	36	38	8	36	14	31		
Durham	25	21	11	14	16	10	6	10	20	17		7	17	17	17	6	18	22	14	13	13	20	6	19	24	9	21	12	14		
Ferryhill	20	17	16	19	22	13	15	11	12	22	7		23	16	23	12	24	28	21	8	19	25	3	14	22	20	14	18	9		
Gateshead	42	34	6	14	6	23	10	25	36	2	17	23		16	7	16	9	8	17	32	11	10	24	37	35	8	36	13	31		
Hartlepool	37	9	2	27	31	35	7	26	28	25	17	16	16		29	16	27	38	16	23	23	29	17	30	39	32	10	21	25		
Hebburn	42	33	7	22	15	22	10	25	36	12	17	23	7	29		14	2	18	15	33	9	5	24	36	34	15	35	12	31		
Hetton le Hole	32	20	9	20	14	9	6	16	25	15	6	12	16	16	14		13	24	6	22	4	15	14	26	30	12	22	8	21		
Jarrow	43	31	8	23	18	21	11	25	36	11	18	24	9	27	2	13		19	14	33	9	4	25	37	35	16	34	10	32		
Ryton	47	42	11	10	7	31	15	23	41	6	22	28	8	38	18	24	19		24	37	16	20	29	41	25	11	41	20	36		
Seaham	40	21	14	27	22	10	11	23	36	19	14	21	17	16	15	6	14	24		29	9	16	22	35	38	19	23	5	29		
Shildon	15	20	26	23	32	21	24	8	9	32	13	8	32	23	33	22	33	37	29		28	35	7	9	21	24	19	28	5		
Shiney Row	38	27	5	17	12	16	5	19	31	10	13	19	11	23	9	4	9	16	9	28		11	20	32	29	10	29	6	27		
South Shields	45	33	10	25	17	22	12	27	38	14	20	25	10	29	5	15	4	20	16	35	11		27	39	37	18	36	9	34		
Spennymoor	19	19	18	19	23	15	8	13	24	24	6	3	24	17	24	24	25	29	22	7	20	27		13	19	14	17	19	8		
Staindrop	6	27	30	25	30	27	28	14	11	36	19	14	37	30	36	26	37	41	35	9	32	39	13		20	27	25	32	5		
Stanhope	18	35	26	12	19	31	24	12	27	38	24	22	35	39	34	30	35	25	38	21	29	37	19	20		19	34	36	17		
Stanley	31	35	7	7	4	26	7	13	32	8	9	20	8	32	15	12	16	11	19	24	10	18	14	27	19		33	15	22		
Stockton	29	2	30	37	36	13	28	23	12	36	21	14	36	10	35	22	34	41	23	19	29	36	17	25	34	33		27	20		
Sunderland	38	25	10	23	17	14	10	21	31	14	12	18	13	21	12	8	10	20	5	28	6	9	19	32	36	15	27		26		
West Auckland	11	22	25	20	24	22	23	7	10	31	14	9	31	25	31	21	32	36	29	5	27	34	8	5	17	22	20	26			